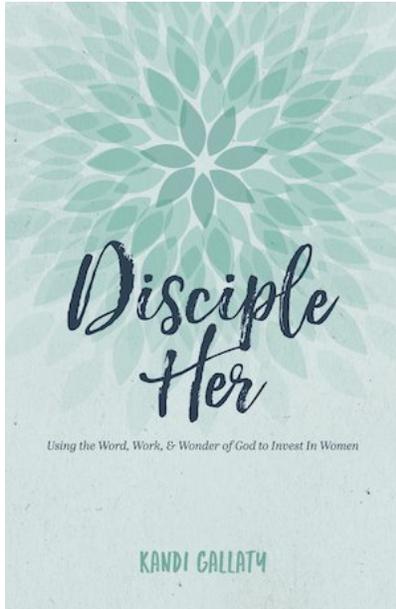


KANDI GALLATY'S PRACTICAL DISCIPLE-MAKING FOR WOMEN EXPLORING THE WHYS (AND HOWS!) OF DISCIPLESHIP GROUPS

[NASHVILLE, TENN., December 12, 2018] Kandi Gallaty is a champion for discipleship for women. She has seen firsthand the transformational power of discipleship to shape and grow women through groups she has formed and led over the past several decades. In her brand-new book, **"Disciple Her: Using the**



Word, Work, and Wonder of God to Invest in Women," Kandi shares her personal stories of what has worked and candidly what hasn't, creating a practical guide anyone can use to create discipleship groups in their circle of friends.

Kandi and her husband, Nashville pastor and bestselling author Robby Gallaty, formed Replicate Ministries, which exists to equip local churches to make disciples who make disciple-makers. Using biblical methods for training and replicating disciples, the Gallatys are focused on not only ministering and equipping in their local church, but also on helping churches and laypeople all around the country.

According to Kandi, discipleship isn't just about adding more things to your to-do list; it's about moving into relationship with other women and encouraging each other to live more like Jesus. "It means coming alongside other women and spending time in the Word of God, memorizing it, journaling, holding one another accountable, and praying together. Discipleship is not a program; it's a way of life. It's how we maintain a healthy, balanced spiritual journey. We discipline ourselves and practice these activities to be more like Him."

Gallaty encourages women who want to make disciples to first be a disciple themselves, saying that you need to lead yourself well in order to lead others well. "As you make disciples you are drawing from three major sources: God's Word (learn it and live it), God's Work (remember it, reflect, remind and retell), and God's Wonder—the Holy Spirit (living in total surrender and daily dependence)." It's these three "wells" that Gallaty tells women to continue drawing from throughout their disciple-making process.

Highlights for readers of "Disciple Her" include:

- Learning how Jesus made disciples
- What makes the discipleship process run smoothly
- Exploring the essential elements of a discipleship group
- How to gauge "success" in a discipleship group
- What it means to make disciples of all nations

"Disciple Her" is quite practical, providing worksheets and outlines that can be used to quick-start your own discipleship group. Kandi also wants to communicate that discipleship isn't only for the spiritual elite. "It doesn't matter if you are in a fertile season or a dry one. You will learn from one another, which is the beauty of the process."

Pervasive in "Disciple Her" is Kandi's love of the Scriptures, continually encouraging women to spend daily time reading God's Word, what she believes to be the most important spiritual discipline. "Coming

alongside others to read and discuss the Word of God is the crux of discipleship and gives us the ability to navigate life's changing terrain with the right compass."

Kandi Gallaty is a pastor's wife, a mother of two precious boys (Rig and Ryder), a speaker and a writer who is devoted to making disciples by cultivating a passion in women for God's Word. She and her husband, Robby, coauthored *Foundations*, and together they lead Replicate, a ministry that educates, equips and empowers believers to make disciples who make disciples. Kandi and her family live outside of Nashville, Tennessee, and serve at their church, Long Hollow Baptist Church.

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