

**Interview Questions for Shannon Ethridge**  
***The Fantasy Fallacy: Exposing the Deeper Meaning Behind Sexual Thoughts***

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*It's easy to see the news and assume that only the most powerful politicians or famous celebrities run the risk of acting out their fantasies in dangerous and destructive ways. But surely "real" people don't act that way! Especially not "real Christians," right? Wrong.*

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- Why did you decide to write a book on the topic of sexual fantasy?
- As a person of faith, do you see a lot of black and white thinking about this topic?
- How did the cultural phenomenon of the *Fifty Shades of Grey* trilogy hasten your writing of *The Fantasy Fallacy*? Do you recommend E.L. James' bestselling trilogy to our audience?
- For those who have read this book series, comment on why the admittedly twisted relationship of Christian and Anastasia is not a good role model for women – as fantasy or reality.
- What is the difference, if any, between sexual fantasy and sexual thoughts? And is all fantasy bad – or can it serve a useful purpose?
- Have you had any opposition to the book's ideas from other Christians or counselors?
- It seems that otherwise respectable Christian leaders often fall ingloriously from grace in the sexual areas of their lives. Why does this happen? Are other Christians at risk as well?
- You talk about the value of discovering "the faces behind our fantasies." Does this mean our imaginations play tricks on us?
- You call the porn industry a "fantasy factory." Can you reveal the truth about the lives of these actors and the non-reality of the images they portray?
- As sexual fantasy is explored, same-sex thoughts or attractions bring confusion and frustration for many. What insights can you share for understanding same-sex attraction?
- Do you have any encouragement or words of advice for people who feel guilty or anxious about the sexual thoughts they have?

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**Guest:** Shannon Ethridge – MA, Counseling and Human Relations ([www.ShannonEthridge.com](http://www.ShannonEthridge.com))  
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