

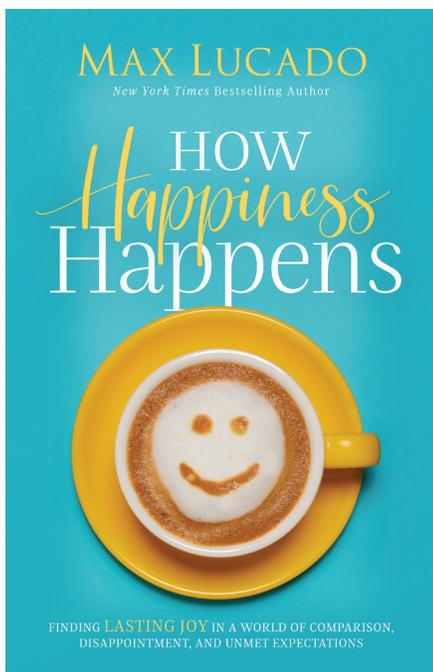
Interview Questions for Max Lucado

author of *How Happiness Happens: Finding Lasting Joy in a World of Comparison, Disappointment and Unmet Expectations*

Thomas Nelson, September 2019

"You can't control your genetics. You aren't in charge of the weather, the traffic, or the occupant of the White House. But you can always increase the number of smiles on our planet. You can lower the anger level in your city. You—yes, you—can help people to sleep better, laugh more, hum instead of grumble, walk instead of stumble. You can lighten the load and brighten the day of other human beings. And don't be surprised when you begin to sense a newfound joy yourself. That's what this book is about: the unexpected door to joy."

-Max Lucado



GUEST: Max Lucado – Pastor and *New York Times* bestselling author

BOOK: *How Happiness Happens: Finding Lasting Joy in a World of Comparison, Disappointment and Unmet Expectations* (Thomas Nelson)

AVAILABLE: September 2019

WEBSITE: www.MaxLucado.com

- 1 Why is happiness so hard to find?
- 2 How can someone be honestly and truly happy, even during a really hard time?
- 3 In your new book, you offer 10 principles for making happiness happen. Which one has provided you the biggest blessing? Which one has been the most difficult to follow?
- 4 How has your ministry been impacted by the power of encouragement?
- 5 What is it about today's society that makes people more apt to be rude and unkind? How can the way we greet each other affect our happiness?
- 6 Your new book includes an entire chapter on prayer. How have you been changed by examining prayer through the lens of joy and happiness?
- 7 What secret have you found in serving others?
- 8 Explain what admonishment is and how it increases happiness.
- 9 How are forgiveness and happiness intertwined?
- 10 What do you mean by "conducting a funeral" as we choose to forgive?
- 11 What is "The Happiness Challenge?"