

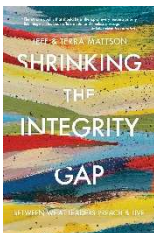
## SUGGESTED INTERVIEW QUESTIONS

Jeff and Terra Mattson, authors of

*Shrinking the Integrity Gap: Between What Leaders Preach and Live*

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- ‘Innovation’ and ‘influence’ are hot topics for leadership books and conferences. When did you realize the need for more conversation around the topic of integrity?
- How do you define an “integrity gap”? What is at risk when leaders don’t see or address their integrity gaps?
- *Shrinking the Integrity Gap* offers 10 symptoms of a personal integrity gap. Can you describe some of the most common symptoms?
- Is it possible to shrink one’s integrity gap? What is the first step?
- In your daily work with organizational leaders, what is the #1 challenge leaders are dealing with today?
- Why do Christian leaders have a hard time being honest about personal struggles? How can we take steps to change this reality?
- After years of preaching one thing while living another – and damaging others in the process – how does a person begin to shrink an enormous integrity gap?
- Your research and writing spotlight a link between high-performing leaders and trauma. You suggest that unresolved trauma lies at the root of many leaders’ integrity gaps. What does this look like? How can a leader know if unresolved trauma is impacting his/her integrity?
- Is it possible to completely eliminate integrity gaps? If not, what is the goal? What has this process looked like in your own life?
- Your book is designed for both emerging leaders and seasoned leaders. How might these two groups think about and address integrity gaps differently?
- How do the principles of *Shrinking the Integrity Gap* apply to leadership in our homes? What might it look like in action?
- For listeners who want to begin shrinking their integrity gaps, where can they begin today?



**Guests:** Jeff Mattson (MA ORGL) and Terra Mattson (MA LPC, LMFT)  
Authors, co-founders of Living Wholehearted

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