## SUGGESTED INTERVIEW QUESTIONS

## Amanda Pittman Author of Stand in Confidence

- Amanda, many of our listeners may know you as the founder of the Confident Woman Co.
   How did you come to choose that name for your company?
- You write in your new book, *Stand in Confidence*, that you've struggled with insecurity for most of your life. What has that looked like for you? Does it look the same for all women?
- How does society reinforce insecurity in women? How can the church contribute to insecurity?
- What are a few of the false narratives that fuel insecurity? How did you begin buying into a
  false narrative about love during your high school years? How did you break free from that
  "destiny-destroying" relationship?
- You met Michael Pittman during your sophomore year at SMU and were married before college graduation. How was your relationship Michael different from your earlier experience? How did you begin moving out of insecurity and into your God-given identity?
- You and Michael eventually shared videos about your dating relationship on YouTube, which developed quite a following. What did you hear from followers about their own struggles with insecurity? How did their stories inspire the launch of your Confident Woman ministry?
- You describe four components of confidence in the pages of *Stand in Confidence*. Can you unpack those for us?
- Talk to us about the pillar of "connection" as it relates to confidence. How have you learned
  to recognize friendships that breed confidence rather than insecurity? Should we stay
  connected with friends who aren't living in their God-given identity and worth?
- Tell us about the two "confidence drainers" that sink us into insecurity. What resources are available to help when we are taken out by these tools of the enemy?
- During your years of mentoring other women, you act both as a counselor and coach. How are they different? As a coach, what closing words do you have for our listeners today?

**GUEST BIO:** Amanda Pittmans is a wife, mom, speaker, the founder of Confident Woman Co.

BOOK TITLE: Stand in Confidence: From Sinking in Insecurity to Rising in Your

God-Given Identity

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