

Suggested Interview Questions for Lysa TerKeurst Author of *Forgiving What You Can't Forget*

"Forgiveness isn't something hard we have the option to do or not do. Forgiveness is something hard-won we have the opportunity to participate in." – Lysa TerKeurst

- This book is the follow up book to *It's Not Supposed to be This Way*. One of the things you divulge in that book was your husband's betrayal. Is it really possible to forgive and forget something that hurtful?



- You make a point in your book that forgiveness is more satisfying than revenge, that's a hard thing to believe? Is that really true and why is it so hard to forgive?
 - You did something so unique in this book, you talked about the blessings of bitterness. We don't usually think about bitterness revealing something good. Tell us more about that discovery for you.
 - Lysa, you decided to pursue forgiveness at a very surprising point in your journey. Tell us what drove you to make that decision when you did.
 - Many people find trust almost impossible to rebuild when it's not just been broken but shattered as it was in your case. Why didn't you walk away when that would've certainly been the easiest thing to do?
- What do you do about the people who never say they are sorry?
 - Can you forgive someone and still decide to not have them in your life?
 - One of the most poignant lessons you learn from your counselor "When your reaction is hysterical, its historical." Tell me about that.
 - I was surprised one of your chapters was "Forgiving God" – Does God need to be forgiven?
 - How do we learn to trust God when it feels like He's doing nothing to help in a really hard situation?
 - Where should we turn to in the Bible when we are wrestling with unforgiveness?

Guest: Lisa TerKeurst – President of Proverbs 31 Ministries and the #1 *New York Times* best-selling author of *It's Not Supposed to Be This Way* and 18 other books

Book title: *Forgiving What You Can't Forget: Discover How to Move On, Make Peace with Painful Memories, and Create a Life That's Beautiful Again*

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