

SHAUNTI AND JEFF FELDHAHN

Authors of *Thriving in Love & Money: 5 Game-Changing Insights About Your Relationship, Your Money, and Yourself*

SHAUNTI and **JEFF FELDHAHN** are best-selling authors, popular speakers and internationally renowned social researchers. For more than half of their 25-year marriage, the Feldhahns have investigated the little things that make a big difference in relationships and have written books to share truths that help relationships thrive.

Over the years, Shaunti and Jeff absorbed much of this relational wisdom into their own marriage – and it had been game changing. Yet there was one last, big area where Jeff and Shaunti were *not* on the same page: money. When invited to conduct research into relationships and money, Shaunti wasn't sure she wanted to do it. "We didn't know if we wanted to tackle the topic of love and money because we were pretty sure it would change our lives. It did."

Jeff and Shaunti launched the research project, conducting interviews and nationally-representative surveys with more than 3,000 people. They uncovered five major factors underneath couples' responses to money. And they personally were forced to acknowledge that even though their relationship was wonderful in many ways, they weren't experiencing true unity in their marriage. There was a giant part of life in which they were each doing their own thing, stubbornly refusing to come together. So, they began addressing the money-related perceptions, habits, and preferences they had previously avoided or fought over. It was challenging, but today they wouldn't go back.

Shaunti recalls, "We discovered a vital truth: When we have conflict around money, *it's not about the money*. Instead, it's about how money makes us feel. It's about insecurities and fears, how we process things and how our spouse does."

"Today, we can talk about money," Jeff adds. "We still think the other person is nuts sometimes. We certainly don't always agree. But most of the time, we understand."

Jeff and Shaunti met at Harvard where they each earned professional graduate degrees. Shaunti earned a master's in public policy with a concentration in business, then worked on Wall Street as a financial analyst. Shaunti now works as a full-time writer, speaker, and researcher. Jeff earned his JD from Harvard Law School and spent eight years in corporate law before branching out as a technology entrepreneur.

Jeff and Shaunti are the authors and co-authors of many groundbreaking books, all based on extensive, nationally representative research studies. Their books have sold three million copies in twenty-five languages. Their findings are regularly featured in media as diverse as TODAY, Focus on the Family, *The New York Times* and *Cosmopolitan*. The Feldhahns have two teenaged children and live in Atlanta, Georgia.

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